

KEISHA A. RIVERS – SHORTY

Fuel Your Passion. Align With Your Purpose. Build Your Legacy.



ABOUT KEISHA

Keisha A. Rivers-Shorty is the founder and managing consultant of The KARS Group, LTD, specializing in providing personal and professional strategic development services to small businesses, organizations and individuals.

She is a motivational and inspirational speaker, published author, and holds a Bachelor's degree in Elementary Education from the University of Pennsylvania, Master's degree in Curriculum & Instruction with a concentration in Teacher Leadership & Instruction from the University of New Orleans and is pursuing a PhD in Learning, Instruction & Innovation from Walden University.

A gifted motivational speaker, facilitator and trainer, attendees at her events have remarked at her passion, professionalism, talent, creativity and ability to communicate that not only educates, but inspires action. It is this undeniable belief in what's possible and the passion with which she communicates that belief that enables her to assist her clients in finding ways to make the possible more probable and the probable therefore doable. Using this approach, she has created a personal and professional strategic development model for women aptly entitled "Release Yourself" that is being implemented through the "Release Yourself Series™" and "Released & Ready Tour™" that is helping women across the country fuel their passion; align with their purpose and build their legacy through reflecting on their patterns; refining their thinking; rejuvenating their spirit; redirecting their path and releasing themselves to act.

The KARS Group, LTD

www.karsgroup.com

www.releasedandready.com

"Note 2 Self" provides 90 days of daily messages designed to help you open a dialogue and stimulate a conversation with your "self" as you continue your journey of learning, discovering, being and becoming.

"Being the creator of your success requires a fundamental shift in your mindset and the foundation of your very core. Being a creator means that you are in control.

KEYNOTE, CONFERENCES, WORKSHOPS, SEMINARS

BE THE CREATOR OF YOUR SUCCESS NOT A VICTIM OF YOUR CIRCUMSTANCES

Do you find yourself longing for more and wanting something different or better, only to feel trapped by the experience of living that is everyday life? Have you found yourself thinking--"If only things were different, I would..."--more often than not? If this is your reality, then this provides you with a simple, straight-forward guide to changing your mindset; shifting your systems; transforming your perceptions and changing your reality to create the life you were destined to live.

Key Takeaways

- Changing Your Reality
- Shifting Your Systems
- Transforming Your Perceptions
- Changing Your Mindset

CULTIVATING YOUR G.T.A.--GIFTS, TALENTS & ABILITIES

You're born with some. You are taught others. You can acquire the rest. So many people don't know their G.T.A., let alone how to tap into it, develop it and use it to be successful and fulfilled. Talk focuses on: identifying & aligning your G.T.A. with your purpose; developing strategies to use your G.T.A.; and using your G.T.A. to enhance personal and professional development.

Key Takeaways

- Learn to identify your GTA
- Understanding how your GTA impacts your success
- Aligning your GTA with your purpose
- Use your GTA to enhance personal and professional development

THROUGH THE LOOKING GLASS: REFLECTIVE PROCESS; REFLECTIVE PRACTICE

Develop an understanding of the relationship between "why" you do what you do and what impact that has on the "what" and "how". You must learn from the past to change the future. Talk focuses on review (where you are and how you got here); refocus (asking the right questions) and renew (where do you go from here to create a new reality).

Key Takeaways

- Review; Refocus and Renew
- "Why" you do what you do just as important as what you do.
- Learn from the past to change the future

